

# SECOND WEDNESDAY IN LENT ACTIVITIES



“TRULY I TELL YOU, WHATEVER YOU BIND ON EARTH WILL BE BOUND IN HEAVEN, AND WHATEVER YOU LOOSE ON EARTH WILL BE LOOSED IN HEAVEN. “AGAIN, TRULY I TELL YOU THAT IF TWO OF YOU ON EARTH AGREE ABOUT ANYTHING THEY ASK FOR, IT WILL BE DONE FOR THEM BY MY FATHER IN HEAVEN. FOR WHERE TWO OR THREE GATHER IN MY NAME, THERE AM I WITH THEM.”  
MATTHEW 11:4-6.



**PRAY**



**FAST**



**GIVE**

## Try this week's action activities!

**Pray:** Write or draw your sin on a small chalkboard or whiteboard, watch it disappear as you say a prayer and wipe it clean. This is how Jesus forgives us!

**Fast:** Give up some of your free time this week and memorize this verse as a family. "The Lord is gracious and compassionate, slow to anger and rich in love." Psalm 145:8. Write the verse on a post it note or two and put it places you will see it.

**Give:** Make a salvation story bracelet and give it to a friend you find difficult to forgive. You will need 5 beads. A yellow bead reminds us of heaven. A black bead that represents Sin, and reminds us not everyone is going to heaven. Red reminds us Jesus shed his blood and died for our sin. White reminds us Jesus made our sins as white as snow. Green represents spiritual growth. We draw closer to God and share the love of Jesus with our friends and neighbours.