

Day Three:

Bible Verses for the day:

Philippians 4:6-7 Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Luke 10: 38 -42 As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" "Martha, Martha," the Lord answered, "you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

[Puppet Show Day 3](#)

Puppets: Jeremiah, Martha

Jeremiah brings his old friend Martha to help him and the Pastor recognise that being anxious about what is happening is not as important as the **Word of God** which always helps us to ask the dear Lord and to thank Him for what He is doing for us.

Reflection and questions

Is there something that you care about a lot that you wish others paid more attention to?

When you heard about Martha and her sister Mary, do you understand why Martha got frustrated?

Right now, there are lots of words coming at us from many different directions about the Corona Virus. We see things on the T.V., we hear things in the News, and people talk about it whenever they get together and share information on their phones. All that information can be a lot to take in- and when you think about it too much it might lead you to get frantic. When Martha got frantic about keeping her house clean and preparing food for guests Jesus told her that only one thing mattered- what was it?

Jesus wanted her to focus on listening to the word of God in those moments of panic. It may seem like he was scolding her or comparing her to Mary, but he wasn't. Instead he was letting her know that the house will get dirty again, the food might run out or get cold, but the word of God will always be there for her and can never be taken from her.

In the bible verse from Philippians – we are reminded that God invites us to pray to Him at any time, saying thank you and calling on him to help us. The verse talks about peace again and how it will guard our hearts and minds! It seems that the more we learn about God's peace, the more amazing it is. Not only does it provide us comfort, it also acts like a guard against panic and frantic thoughts.

Physical Connection

If you feel the worries of the world swirling around your head and your heart, imagine peace in the form of a shield. Picture it in front of you protecting your heart and your mind and all those thoughts and fears just bouncing off it and falling to the ground.

Craft for Day 3

Prayer Jar: A reminder that we are invited to pray about anything.

Materials:

- Any jar or soup can
- Construction paper or tissue paper
- Stickers or other decorating supplies
- Paper or Popsicle sticks
- Markers
- White glue
- Scissors
- String



Directions:

1. Decorate a jar or tin can with paper, tissue paper, markers and/or stickers.
2. Write a prayer request or blessing on each piece of paper or popsicle sticks
3. Stick the pieces of paper or popsicle sticks inside the jar.

Pull out a couple of prayer requests whenever you pray!

Colouring Sheet for Day 3

Based on Philippians 4: 6-7



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