

Self Study- Vacation Bible School for 2020

Welcome to our virtual VBS –a resource designed to support you during the global pandemic of Covid-19. This Vacation Bible Study has been put together by Team Zion and Lutheran Laymen’s League of Canada. Since 2009, Team Zion has been travelling to Nicaragua to serve as missionaries, helping Lutheran pastors, deaconess and laypeople in Nicaragua to host VBS in multiple locations. The format of this VBS follows the same set up that we normally help with in Nicaragua, and even the puppets are the same. The main character Jeremiah has been a member of Team Zion and helping us to share the Good News of Jesus with the boys and girls in Nicaragua since 2009.

We hope that this virtual VBS will provide you with comfort; teach you new things, and introduce you to some new friends.

[Video: Welcome](#)

Theme for the week: “Help for us when we worry, worry, worry!”



Day One:

Bible Verse: Psalm 16:8 I know the Lord is always with me. I will not be shaken, for he is right beside me.

Bible Verses for the day.

2 Timothy 1:7 For God has not given us a spirit of fear, but of power, and of love, and of a sound mind. What can mere mortals do to me?

Psalm 56:3 Whenever I am afraid, I will trust in You.

[Puppet Show Day 1](#)

Puppets: Jeremiah

In this puppet script the Pastor will take a small journey through some easily explainable Bible passages to set Jeremiah and the VBS children at ease. Jeremiah is very, worried and he has trouble telling the Pastor just how he feels. All he knows for sure is that things are not going the way they always were. He is really shaken up!

Reflection and questions

As we learned in the bible lesson today God is always with us- even when we feel alone, even when things are difficult, even when there are things going on that are turning our “normal” world upside down.

Have you been feeling like Jeremiah? Is there someone that you can talk to and ask questions?

Think about a specific time when you felt worried about a something.

In the puppet show Pastor Krestick told Jeremiah that God has given us a spirit of power and a spirit of love and a spirit of sound mind. What images came into your mind when Pastor Krestick said that you were given a spirit of power, of love and sound mind?

It takes a lot of courage to say out loud “I will trust in You”- Do you think you can say that?

Physical connection:

Try and imagine yourself in a scary situation – now close your eyes and whisper “I will trust in You”. Now, think about that spirit of power that Jesus gives you and say it loudly “I WILL TRUST IN YOU!”

Whatever is happening you can always call on God in prayer, whether you whisper or scream it out loud, He will hear you.

Craft for Day 1:

Musical Shakers – “I will not be shaken!”

Materials:

- Toilet Paper Tubes
- Wax Paper
- Elastic Bands (packing tape or duct tape could work)
- Markers
- Stickers or other decorations

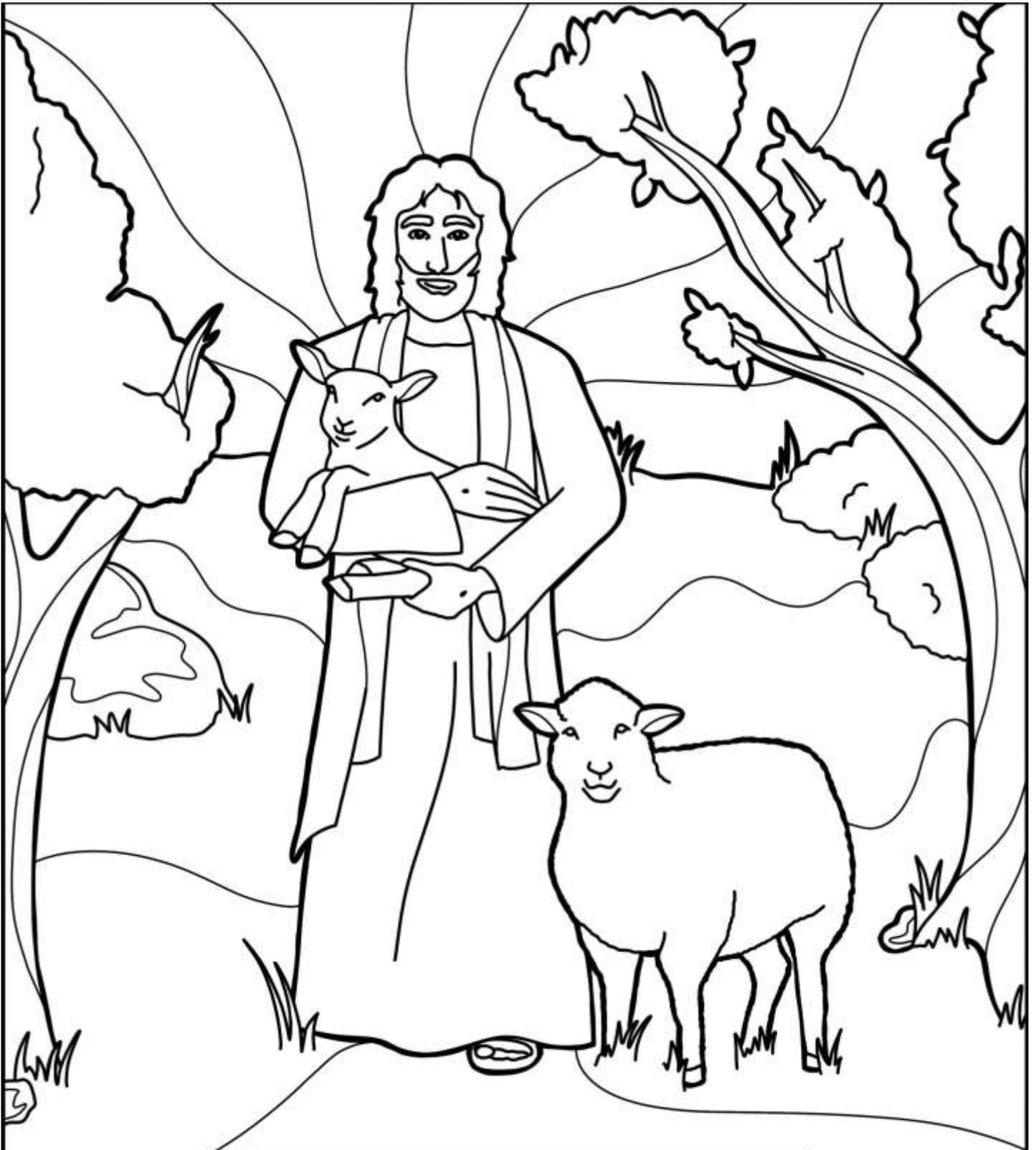


Directions:

1. Decorate a toilet paper tube by colouring, painting and/ or using stickers.
2. Cover one end with wax paper and wrap an elastic band to hold it in place.
3. Add some dry beans, rice, kernels or tiny pebbles inside the tube.
4. Cover the other end with wax paper, and wrap with another elastic band.

Colouring Sheet for Day 1:

Based on Psalm 16:8



I know the Lord is always with me I will not be shaken, for he is right beside me.
Psalm 16:8